



JEAN-MICHEL COUSTEAU'S  
**AMBASSADORS**  
OF THE ENVIRONMENT

Explore Puerto Rico's extraordinary natural wonders and cultural heritage through excursions led by expert Cousteau-trained naturalists.

Hike through Puerto Rico's rainforest, snorkel among Sardinera Bay's beautiful coral reefs, experience Taino culture, create digital nature art and participate in a wide variety of activities that will inspire guests of all ages.

## KIDS' ACTIVITIES (AGES 4-8)

### AMBASSADORS IN THE KITCHEN

Explore our Garden and discover how organic practices can produce healthy vegetables, herbs and fruits and help the environment in the process. Create tasty snacks using our solar ovens while learning about how food affects our health and our world.

*Environmental Responsibility*

*Open to Kids & Youth 4-12*

### CORAL REEFS - CITIES UNDER THE SEA

Ever wonder what is a coral reef? Is a coral a plant or an animal or both? Through games, multi-media, and an outdoor excursion, explore the magical ecosystem known as the "City Under The Sea" - the coral reef!

*Aquatic*

### CREATURES OF THE NIGHT

We experience the heightened sensory awareness that comes from being outdoors at night, including sight, hearing, touch, taste, smell and intuition. We watch and learn how other species far surpass our limited abilities to function in the dark and become entranced by this other-world of mystery and beauty when the sun is down.

*Terrestrial*

### FISH FORM AND FUNCTION

Fish come in all shapes, sizes and colors. Through a variety of activities, we'll discover the clever and weird ways and to learn a lot about a fish's life just by looking at its color and shape.

*Aquatic*

### FROM JUNK TO FUNK

Using recycled materials that would have otherwise been thrown away, this "eco-art" activity helps us better understand how we can live more gently on the planet through recycling and reuse. We discuss some of the impacts of our activities on the environment and the benefits from environmentally responsible living.

*Environmental Responsibility*

*This program is open to Kids & Youth 4-12*

### FUN IN THE SUN

The sun is the closest star to earth and the center of our solar system. We learn to use the sun to our advantage as we create our own food, power, and crafts using free solar energy from the sun.

*Environmental Responsibility*



## KIDS' ACTIVITIES (AGES 4-8)

### GARDENING GURUS

Come dig in and explore everything plants have to offer. Join us as we plant seeds in the organic garden and native vegetation plot, harvest herbs, fruits and veggies for a snack or for organic cooking. We will also discover how to turn waste into a resource through composting! We will also learn about plants the Taíno farmed and used for medicine.

*Environmental Responsibility*

### LIVING GREEN I

What does it mean to 'live green'? Through activities and experiments showing the value of water and energy conservation, renewable energy, reducing waste, guests will learn about their ecological footprint. Guests will design a sustainable community, design an eco-home and use a solar oven.

*Environmental Responsibility*

### PICTURES IN THE SKY

Discovering the constellations in the night sky instantly connects us with the history of our species and the myths and legends our ancestors created to explain the unexplainable. A closer look through our telescope at these glowing balls of gas and the planets that wander around them helps us understand our place in the universe.

*Terrestrial*

*Open to Kids & Youth 4-12*

### TAINO ARTS AND CRAFTS

With a focus on the art, music, dance, and belief systems of the Taíno, guests will complete a series of art and craft projects that imitate Taíno crafts. We'll learn about the Taíno lifestyle and interaction with their natural environment. We close with a reflection on how a spiritual connection to nature results in respect for it and ultimately good stewardship.

*Cultural*

*Open to Kids & Youth 4-12*

### WONDERS OF WATER

Water truly is unique! It is what makes planet earth different than other planets! What makes water so special? Join the adventure to learn more!

*Aquatic*

The wonders of nature  
enrich our spirit, the  
mystery of nature  
inspires discovery and  
understanding of nature  
helps us live more  
sustainably.”

*Dr. Richard Murphy*





## YOUTH ACTIVITIES (AGES 9-16)

### AMBASSADORS IN THE KITCHEN

Explore our Garden and discover how organic practices can produce healthy vegetables, herbs and fruits and help the environment in the process. Create tasty snacks using our solar ovens while learning about how food affects our health and our world.

*Environmental Responsibility*

*Open to Kids & Youth 4-12*

### BE AN ARCHAEOLOGIST FOR A DAY

Learn and experience what it is like to be an archaeologist. After using discussions and games to explain what archaeology is, what methods archaeologists use, and who the Taíno were, guests will engage in a simulated “dig” and visit the Taíno museum on property.

*Cultural*

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We experience the heightened sensory awareness that comes from being outdoors at night, including sight, hearing, touch, taste, smell and intuition. We watch and learn how other species far surpass our limited abilities to function in the dark and become entranced by this other-world of mystery and beauty.

*Terrestrial*

### FROM JUNK TO FUNK - ECOART

Using recycled materials that would have otherwise been thrown away, this “eco-art” activity helps us better understand how we can live more gently on the planet through recycling and reuse. We discuss some of the impacts of our activities on the environment and the benefits from environmentally responsible living.

*Environmental Responsibility*

*Open to Kids & Youth 4-12*

### GARDENING GURUS

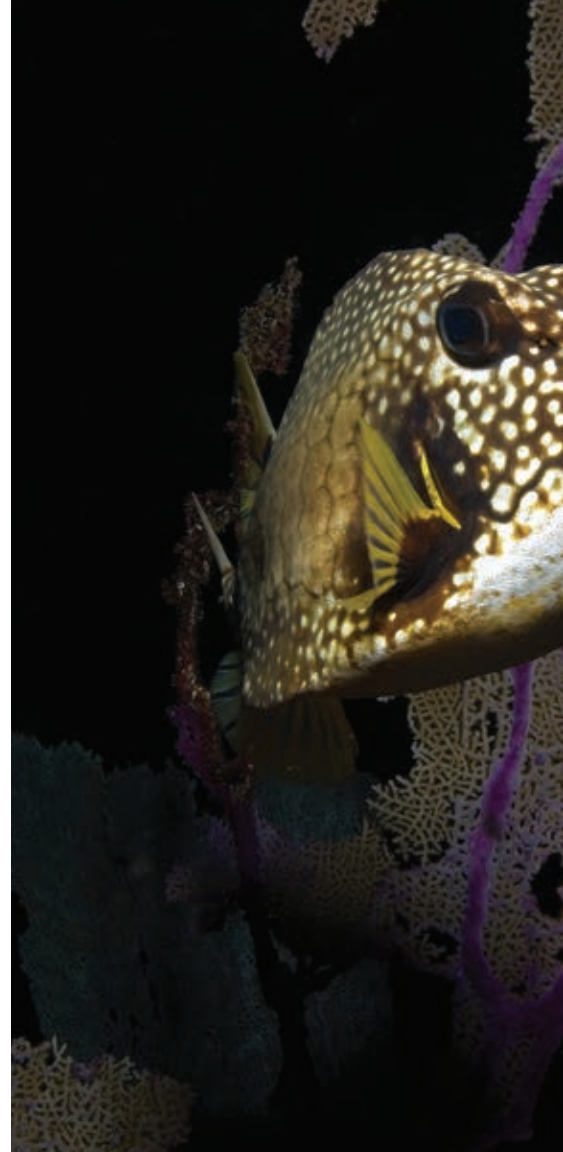
Come dig in and explore everything plants have to offer. Join us as we plant seeds in the organic garden and native vegetation plot. Harvest herbs, fruits and veggies for a snack or for organic cooking, and understand the benefits of composting! We learn about the Taíno traditional medicine and the plants they used for healing.

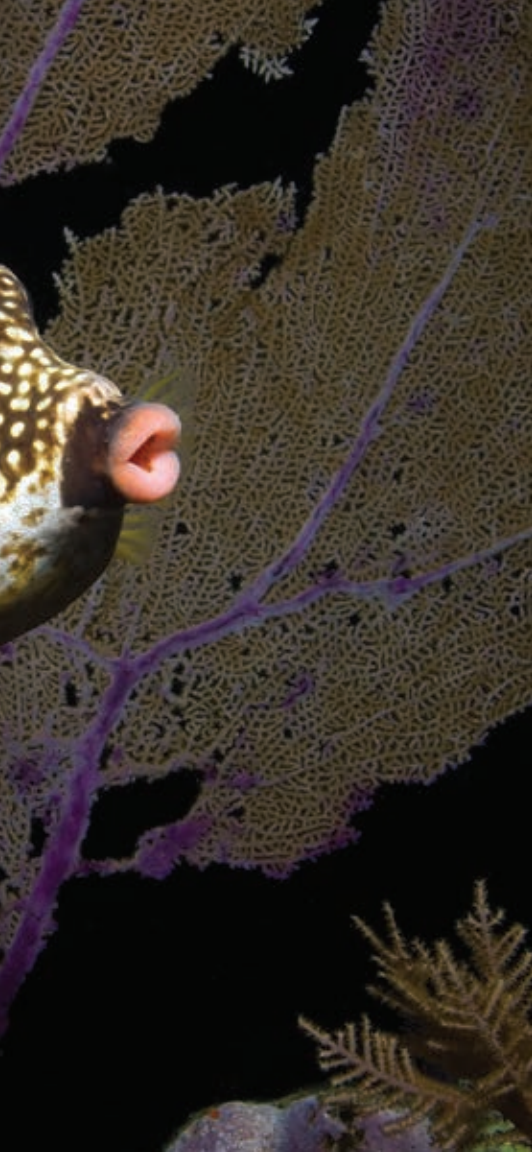
*Environmental Responsibility*

### LIGHTS, CAMERA, TAKE ACTION

Share your own ideas on being an Ambassador of the Environment through a video production as we research, write, direct and star in our own public service announcement. At the end you will have a DVD of your own to share your message with your friends and family back home.

*Environmental Responsibility*





## YOUTH ACTIVITIES (AGES 9-16)

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*Environmental Responsibility*

*This program is open to Kids & Youth 4-16*

### LIVING GREEN II

Through an exploratory adventure that leads through the Ambassadors center, see what makes this an environmentally responsible building. Discover how different elements of our green building save money and benefit the environment. Through engaging activities, guests will learn to apply what they have discovered about sustainability back home.

*Environmental Responsibility*

### PICTURES IN THE SKY

Discovering the constellations in the night sky instantly connects us with the history of our species and the myths and legends our ancestors created to explain the unexplainable. A closer look through our telescope at these glowing balls of gas and the planets that wander around them helps us understand our place in the universe.

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*Cultural*

*Open to Kids & Youth 4-12*

### TAINO WAY OF LIFE

Explore the way of life of the Taíno through a scavenger hunt, Taíno cooking, gardening, and storytelling. We'll understand how the Taíno lifestyle was sustainable, and understand lessons we can learn from these indigenous peoples about how to manage our natural resources.

*Cultural*

## ADULT & YOUTH ACTIVITIES (AGES 9+)

### **CORAL REEFS – CITIES UNDER THE SEA**

Explore the living communities of fish, coral and algae as our naturalists guide you on an interpretive and exciting snorkel. Capture these images with underwater digital cameras and create memories to last a lifetime.

*Aquatic*

### **FISH FORM AND FUNCTION SNORKEL**

Are all fish really the same? Jump in to this snorkel fun and explore why fish look so different and how do those differences reflect something about their lives. We explore why fish are shaped and colored as they are, discovering that there is very sophisticated design behind what we consider weird body shapes and color patterns.

*Aquatic*

### **FOR THE BIRDS - SURVEY**

Become an ornithologist and discover the many bird species that make this property their home. We'll learn about birds – biology, adaptations, and even do a bird census / monitoring survey. We will differentiate resident bird species from those who migrate thousands of miles to visit Puerto Rico.

*Terrestrial*

### **FOREST KARST HIKE**

Discover the geology and ecology of Puerto Rico, with a focus on native plant and animal species that live in the mountains directly behind the property. We will demonstrate that our mountains are made of ancient coral reef material (calcium carbonate). We will also explore evidence of the ancient Taino culture and consider how these people survived in this region.

*Terrestrial*

### **FOREST PTEROCARP ECO HIKE**

Explore the unique Pterocarp wetland ecosystem, host to a great variety of species, each with interesting adaptations that enable them to survive in a complex community. In the Ambassadors Center we introduce the strange and wonderful ways plants meet the challenges of survival. We discover the differences between native versus invasive species and the impacts of introduced species on ecosystems.. On the hike, we engage in a scavenger hunt, several interactive discussions, and challenge activities.

*Terrestrial*

### **LIVING GREEN II**

Through an exploratory adventure that leads through the Ambassadors center, see what makes this an environmentally responsible building. Discover how different elements of our green building save money and benefit the environment. Through engaging activities, guests will learn to apply what they have discovered about sustainability back home.

*Environmental Responsibility*

### **NIGHT LIFE ON THE REEF**

With flashlights and trained Naturalists, we take the curious and adventurous on an excursion of a lifetime to discover the fascinating world of the reef at night. Previous snorkeling experience required.

*Aquatic*

### **OCEAN KAYAK AND SNORKEL ADVENTURE**

Sardine Bay provides endless opportunities to learn about Puerto Rico's many ecosystems. Through a combo-kayak and snorkel excursion, we'll explore the bay, including how weather, waves, geology of the mountains inland, the sea grass beds and the coastal plain converge to give us Sardine Bay with its rich biota and productivity.

*Aquatic*



## **REEF ADAPTATIONS**

The reef holds much more than coral and fish! This snorkel excursion will explore plants, algae, and invertebrates. We will explore how they are adapted to their environment and ecologically connected to each other, how all communities are connected, and the connections between land and sea.

*Aquatic*

## **TAKE PICTURES, LEAVE BUBBLES**

Learn how to use digital cameras with waterproof housings to capture your view of the underwater world. Once we return from our underwater adventure, digitally enhance your favorite shots and use them to create a moving slide show to take back home.

*Aquatic*



**We protect what we love!**

*Jean-Michel Cousteau*

Guests 4-16 can join us daily for lunch and dinner. Meals can be pre-selected upon program check-in and will be billed to the guest. \$30 will be charged per meal per child for supervision.

Extended hours of supervision are available at a charge of \$30 per hour (or part thereof) per person.

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## **PROGRAM INFORMATION**

Please outfit all children with a swimsuit for all daytime activities. Reservations for all activities are required and must be made a minimum of three hours in advance. All guests will be required to sign a waiver before participation in an activity. Due to liability reasons, all children must be at least 4 years of age and bathroom independent. All 4 and 5 year olds must arrive with proof of age upon registration. Children ages 9+ are welcome to join activities for ages 4-8; however, younger children (ages 4-8) may not join activities for ages 9+. For safety reasons, Naturalists reserve the right to require any individual to wear a personal flotation device during water-based activities.

Activities are subject to weather conditions and may change. We reserve the right to cancel activities if there are no sign-ups by 5:00pm for the next morning's activities or three hours before the afternoon and evening activities. All activities begin and end at the Ambassadors' House.

Water entry for all snorkeling excursions is from the shore. There is no boat

utilized for our activities at this time. Please note that if you wish to change or cancel your activity, you must contact Jean-Michel Cousteau's Ambassadors of the Environment at (787) 278-7277, doradoambassadors@ritzcarlton.com or resort extension 7277, 24 hours in advance to avoid a 50% cancellation fee.

## **ADULT & FAMILY ACTIVITIES**

Adults are welcome to join any of the activities indicated appropriate for Adults. We can also create private activities for any family, couple or group. If you would like to experience an activity on a day it is not offered, please contact us and we will do our best to accommodate your requests. Families with children under the age of 4 can utilize the Ambassadors' House with parent/guardian supervision during times it is not being used for activities.

## **BIRTHDAYS**

Birthday parties can be customized for kids of all ages! Pick from a variety of themes and activities. Please contact us for details.

*Dorado Beach*  
A RITZ-CARLTON RESERVE

For further information or to make reservations, please contact us at (787) 278 7277, or [doradoambassadors@ritzcarlton.com](mailto:doradoambassadors@ritzcarlton.com), or resort extension 7277